

Each entrée comes with the following:

*1/2 Cup Vegetable, 1/2 Cup canned fruit, or Fresh fruit and/or 4oz. 100% Juice box
*8oz 1% Low Fat White or 0% Chocolate milk

**Students have a choice of 5 lunch items, But MUST choose at least 3.

Daily Menu:

Lunch Special of the Day
Peanut Butter & Jelly Sandwich
Romaine Salad Mix w/Meat & Cheese

READING EDGE ACADEMY

&

SAMSULA ACADEMY

FEBRUARY

Lunch

Lunch prices are as follows:

Students: \$2.50

Adults: \$3.25

Extra Entrée 1.50

Small water: \$50 cents

Large Water: \$1.00

(CN)= Child Nutrition

(WG)= Whole Grain

(WGR)= Whole Grain Rich

(WW)= Whole Wheat

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/30/23 (WGR) Chicken Nuggets with Cheez-It Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ with a GoGurt Sides: Corn & Carrot Sticks Applesauce Or Mandarin Oranges	1/31 (WGR) Been & Beef Burrito Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ with a GoGurt Sides: Pinto Beans & Carrot Sticks Fresh Fruit Or Juice	2/1 (WG) Chicken Corn Dog with a GoGurt Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ with a GoGurt Sides: Mixed Vegetables & Carrot Sticks Peaches Or Mixed Fruit	2/2 (WGR) Breaded Chicken Sandwich Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ with a GoGurt Sides: Broccoli & Cucumbers Fresh Fruit Or Juice	2/3 (WGR) Cheese Pizza Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ with a GoGurt Sides: Cooked Carrots & Cucumbers Pineapples Or Pears
2/6 (WGR) Chicken Nuggets with Goldfish Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ with a GoGurt Sides: Corn & Cucumbers Applesauce Or Mixed Fruit	2/7 Taco Tuesday Seasoned Turkey/ 6' Whole Corn Taco Chicken & Cheese Salad (WGR) Bun (WGR) PBJ & GoGurt Sides: Pinto Beans & Carrot Sticks Fresh Fruit Or Juice	2/8 (WGR) Chicken Cutlet with a Bun Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ with a GoGurt Sides: Broccoli & Cucumbers Peaches Or Pears	2/9 (WGR) Shredded BBQ Chicken Sandwich Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ with a GoGurt Sides: Zucchini & Carrot sticks Fresh Fruit Or Juice	2/10 (WGR) Cheese Pizza Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ with a GoGurt Sides: Cooked Carrots & Cucumbers Mandarin Or Pineapples
2/14 (WGR) Chicken Nuggets with Cheez-It Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ with a GoGurt Sides: Corn & Cucumbers Applesauce Or Mixed Fruit	2/14 Hot Dog with a (WGR) Bun Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ with a Yogurt Sides: Pinto Beans & Carrot Sticks Fresh Fruit Or Juice	2/15 (WGR) Mac-N-Cheese Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ with a GoGurt Sides: Mixed Vegetables & Carrot Sticks Mandarin Oranges Or Mixed Fruit	2/16 (WGR) Mozzarella Sticks with Marinara Sauce Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ with a GoGurt Sides: Broccoli & Cucumbers Fresh Fruit Or Juice	2/17 (WGR) Cheese Pizza Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ with a GoGurt Sides: Cooked Carrots & Cucumbers Peaches Or Pineapples
2/20 NO SCHOOL	2/21 Seasoned Taco Meat/ Chips Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ & GoGurt Sides: Pinto Beans & Carrot Sticks Fresh Fruit Or Juice	2/22 (WGR) Chicken Parm Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ & GoGurt Sides: Broccoli & Cucumbers Pears Or Cinnamon Applesauce	2/23 *POTLUCK* Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ & GoGurt Sides: Zucchini & Carrot Sticks Fresh fruit & Juice	2/24 (WGR) Cheese Pizza & Cheez-Its Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ with a GoGurt Sides: Cooked Carrots & Cucumbers Peaches Or Pineapples
2/27 (WGR) Chicken Nuggets with Cheez-It Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ with a GoGurt Sides: Corn & Cucumbers Applesauce Or Mixed Fruit	2/28 Sausage Pancake Stick Chicken & Cheese Salad with a (WGR) Bun (WGR) PBJ & GoGurt Sides: Pinto Beans & Carrot Sticks Fresh Fruit Or Juice			

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