

**Each entrée comes with the following:**

\*1/2 Cup Vegetable, ½ Cup canned fruit, or Fresh fruit and/or 4oz. 100% Juice box  
\*8oz 1% Low Fat White or 0% Chocolate milk

\*\*Students have a choice of 4 Breakfast items, But MUST choose at least 3.

**Daily Menu:**

Lunch Special of the Day  
Peanut Butter & Jelly Sandwich  
Romaine Salad Mix w/Meat & Cheese  
/WG Bun

**READING EDGE ACADEMY**



**SAMSULA ACADEMY**

**Breakfast Menu**

August/September  
Breakfast 2023

**Lunch prices are as follows:**

Students: Free  
Adults: \$2.00  
Xtra Entr'ee 1.00  
Small water: \$50 cents  
Large Water: \$1.00  
(CN)= Child Nutrition  
(WG)= Whole Grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>8/14 (WG) Assorted Pop Tart Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Gogurt(WG),Soft Pretzel Fresh Fruit/Mango Applesauce</p>	<p>8/15 (WG)Apple Cinnamon Muffin Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Mixed Fruit &amp; Mandarin Oranges (WG)Soft Pretzel</p>	<p>8/16 Blueberry Parfait W/(WG)Granola Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Fresh Fruit &amp; 100%Juice</p>	<p>8/17 (WG)Pancake/Sausage Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Pears &amp; unsweet Applesauce (WG)Soft Pretzel</p>	<p>8/18 (WGR) French Toast Sticks Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Fresh Fruit &amp; 100%Juice</p>
<p>8/21 (WG) Assorted Pop Tart Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Gogurt,(WG)Soft Pretzel Fresh Fruit/Mango Applesauce</p>	<p>8/22 (WG) Blueberry Muffin Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Mixed Fruit &amp; Mandarins Oranges (WG)Soft Pretzel</p>	<p>8/23 Egg Patty w/Bun Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Fresh Fruit/100% Juice and Gogurt</p>	<p>8/24 (WG) Waffles Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Pears &amp; Mandarin Oranges and a (WG)soft Pretzel</p>	<p>8/25 (WGR) French Toast Sticks Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Fresh Fruit &amp; 100% Juice</p>
<p>8/28 (WG) Assorted Pop Tart Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Fresh Fruit/Mango Applesauce Gogurt,(WG)Soft Pretzel</p>	<p>8/29 (WG)Apple Cinnamon Muffin Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Mixed Fruit &amp; Mandarin oranges (WG)Soft Pretzel</p>	<p>8/30 Blueberry Parfait W/Granola Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Fresh Fruit &amp; 100% Juice</p>	<p>8/31 (WG) Pancake/Sausage Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Pears &amp; Unsweet Applesauce (WG)Soft Pretzel</p>	<p>9/1 (WGR) French Toast Sticks Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Fresh Fruit &amp; 100% Juice</p>
<p>9/4 (WG) Assorted Pop Tart Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Fresh Fruit/Mango Applesauce,Gogurt (WG)Soft Pretzel</p>	<p>9/5 (WG) Blueberry Muffin Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Mixed Fruit &amp; Mandarin oranges (WG)Soft Pretzel</p>	<p>9/6 Egg Patty w/Bun Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Fresh Fruit &amp; 100%Juice and Gogurt</p>	<p>9/7 (WG) Waffles Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Pears &amp; Mandarin Oranges (WG)Soft Pretzel</p>	<p>9/8 (WGR) French Toast Sticks Or Assorted (WG) Cereal</p> <p><b>Sides:</b> Fresh Fruit &amp; 100% Juice</p>
<p>9/11 (WG)Assorted Pop Tart Or Assorted (WG)Cereal Sides: Fresh Fruit/Mango Applesauce Gogurt,(WG)Soft Pretzel</p>	<p>9/12 (WG)Apple Cinnamon Muffin Or Assorted (WG) Cereal <b>Sides:</b> Mixed Fruit &amp; Mandarin Oranges (WG) Soft Pretzel</p>	<p>9/13 Blueberry Parfait W/Granola Or Assorted (WG) Cereal <b>Sides:</b> Fresh Fruit &amp; 100% Juice</p>	<p>9/14 (WG) Pancake/Sausage Or Assorted (WG) Cereal <b>Sides:</b> Pears &amp; Mandarin Oranges (WG)Soft Pretzel</p>	<p>9/15 (WGR) French Toast Sticks Or Assorted (WG) Cereal <b>Sides:</b> Fresh Fruit &amp; 100%Juice</p>