

School Wellness Plan 2025-2026

School Way Café

School Name: Reading Edge Academy

Principal's Name or Person Responsible for Plan: Beverly Gillespie, Executive Director/Principal

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). Please provide your point of contact and extension if different than above:

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a "Team Nutrition" school, we encourage your school to become one. For information, visit www.fns.usda.gov/tn/.

The district's wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

Part I: Goals - List your school's wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café schoolwaycafe@groups.volusia.k12.fl.us and a copy to your Area Superintendent by September 20, 2025. See attached Wellness Tool Kit for ideas to use for your wellness plan.

Part II: Evaluation – At the end of the school year, evaluate the results of your school's wellness goals and complete Part II of this form. E-mail a copy to School Way Café schoolwaycafe@groups.volusia.k12.fl.us and a copy to your Area Superintendent by May 30, 2026.

Note: Documentation is required to validate completion of your goals.

Part I – Complete by September 20, 2025	Part II - Complete by May 30, 2026
Goals for 2025-2026	Implementation Evaluation
The cafeteria will be used to provide learning opportunities by decorating the cafe with wellness educational posters and nutrition materials. Nutritional content of meals is available for parents and students to view on menus posted on the school's website and cafeteria menu boards.	Goal was successfully implemented. Goal was partially implemented. Comments:
	Goal was not implemented this school year. Comments:
	Documentation is available at school site and easily accessible for audit.



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Part I – Complete by September 20, 2025	Part II - Complete by May 30, 2026
Goals for 2025-2026	Implementation Evaluation
All students in grades K-6 will receive physical education standards-based instruction. Teachers will incorporate recess daily.	Goal was successfully implemented. Goal was partially implemented. Comments:
	Goal was not implemented this school year. Comments:
	Documentation is available at school site and easily accessible for audit.
Encourage students to make healthy choices in multiple aspects of their wellness including, but not limited to, activity, nutrition, hygiene, mental and social health.	Goal was successfully implemented. Goal was partially implemented. Comments:
	Goal was not implemented this school year. Comments: Documentation is available at school site and easily accessible for audit.
We will dev <mark>elop a runni</mark> ng club. We are hoping to crea <mark>te a Be Strong Battle between our primary and intermediate grade levels. We will encourage the Staff to join the run club.</mark>	Goal was successfully implemented. Goal was partially implemented. Comments:
	Goal was not implemented this school year. Comments: Documentation is available at school site and easily accessible for audit.